HAMLET

END OF SEASON

Safe and Happy Holidays

And that's a wrap for season 2015! Thank you to everyone that contributed to the club in 2015 whether as a player, umpire, coach, assistant, manager, supportive parent, committee member, or volunteer. This club relies on the generosity and dedication of volunteers, members and their families. We are very grateful for all that you do over the season to help the club run as smoothly as possible.

In this final Hamlet for 2015 we wrap up season 2015 and look ahead to registrations for 2016. During the off-season, the most up-to-date information can be found on our website. We may also contact you via email so we ask that you take the time to make sure your MyNetball details are up-to-date, otherwise you may miss out on important information.

Committee members can still be contacted over the break, however please bare in mind they are also on holiday, so you may not receive an immediate response.

In this edition we have a summary of Hamersley's results in 2015, reminders about registrations next year and upcoming TACT trials, as well as some fantastic photos from the 2015 Grand Final day.

We look forward to seeing everyone at the *Annual Presentation Night* next week to celebrate another successfull season for Hamersley Netball Club Inc.

Hands in: HNC 8 girls put their hands in for a team chant during one of two all-Hamersley grand finals in 2015 (vs. HNC 9).

Upcoming Events

Annual Awards Presentation Dinner
Saturday 17th October at 6.00PM

School Holidays
Saturday 26th Sept - Sunday 11th Oct

TACT Trials
Friday 13th November at 6.00PM
Friday 20th November at 6.00PM

2016 Hamersley Registration
End of December 2015
ONLINE - Check Website

We NEED your photos

This is a friendly reminder to send through any photos of you and your team from this season to be included in our end of year slideshow! We are always looking for photographs of our teams so please send through the highest quality images you have to your manager or website coordinator Sally at **pjsj@iinet.net.au**.

At the moment there are at least **FOUR** teams for which we have **NO PHOTOS** from season 2015.

Photos don't have to be from training or games. So please feel free to send any shots from outside of netball, however remember to keep it **below 25 photos** in total as we can't fit them all in. Just pick your favourites and send them through!

2016 Registrations

All registration information for the 2016 winter season will be available on the **Hamersley website** at the **end of December** 2015. Please check back in late December to sign up for 2016 trials.

We also recommend you double check that your contact **email address** for your **MyNetball account** is up-to-date as this will be our main portal of communication with you in the off-season.

Website Updates

We have made some changes to the '**Contact Us**' page on our Hamersley Website and there are now options available for **new player** and **coaching enquiries**. **Umpire** and **volunteer** enquiry forms will also be added later this year.

If you know anyone who is interested in playing or coaching for our club please direct them to our website for further information.

Annual Presentation Dinner

The annual presentation dinner will be held at Kingsway Football and Sporting Club on Saturday 17th October from 6PM sharp.

We are looking forward to a slightly different format this year. Presentations and Awards will be held as usual between 6PM and 9PM (players, coaches, managers, committee, life members and legends only).

From 9PM to 11PM parents/guardians and partners are welcome to come along and enjoy the DJ.

Healthy Handful: Raw Superfood Balls

Healthy Handful is a raw superfood company run by our very own qualified **nutrionist Kat McKenzie** (HNC 1). These superfood balls are homemade, vegan friendly, made with organic and locally sourced ingredients, gluten free, dairy free and there are 4 flavours to choose from:

- Coconut Macadamia
- Salted Caramel
- Choc Marble
- Peppermint Brownie

Each ball is $2.50 and packs can be arranged of all flavours. These are perfect for busy lifestyles, school lunch boxes, pre and post workout snacks, a healthy alternative to a cake, biscuit or slice and for those who like to fuel their bodies with the best natural foods available.

Ingredients and nutritional info can be provided on request. Email Kat at **katherine-mckenzie@live.com.au** for more information.

More than just Netball

Hamersley supports the development of players, coaches, umpires and other club members. If you are aware of a member's achievements or initiatives that deserve acknowledgement, please contact the media and publicity officer.

HNC 13 Grand Final Winners (from left to right, back to front): Hannah Kraan (asst coach), Georgia Moss (MVP), Rachael Whittle, Leah Richards, Courtney Te Wheoro, Mikaela Muller, jessie Barnett, Madeleine Rocke, Aimee Pense (coach), Daisy Iwanek, Alyssa Read, and Alex Morgan (Capt).

Janine's Take on Grand Final Day

We are so proud of all of our HNC coaches during the finals series. I had the pleasure of sitting at HNC 14's grand final game. The girls looked fierce (and neat) with their hair braided and warrior face paint! Coaches Annie and Ash had it all under control from the beginning to the end. All the girls contributed to the win and each player put out 100% on court, the opposition was very physical, but you all stood strong. Special mention to the **parents** of this team who were, nervous, encouraging and very supportive which I know helped the girls get over the line.

Congratulations girls on a hard fought win.

HNC 14 Premiership Winners (from left to right, back to front): Annie McKendry (coach), Marli Hughes, Ariane Bolton, Natalie Bennett, Emily Bennett, Abbie Holmes, Sarah Harbison, Keely Gillingham, Sophie Dickson, Charlotte Earnshaw, Meghan Hulsman, and Ash Littlejohn (coach).

2015 Premiers HNC 8 (from left to right, back to front): Olivia Fowler (capt), Sanneyrah Sauni, Jenna Hutchinson, Meg Gibson (capt), Toni-Marie Smith, Sydney Rafferty, Georgia Morgan (capt), Georgia Burden (MVP), Madalyn Vanzetti, me, Katherine Bennett, and Mhairi Stroud (coach).

HNC 12 on Grand Final Day (from left to right, back to front): Amy Breman, Sophia Venema, Sarah Palmer (coach), Lauren Lang (asst coach), Bianca Thompson, Jaimee Hunter, Chloe Robinson, Meg Ward, Hally Beard, Madison Black, and Jess Anderson.

HNC 3 Winners (from left to right, back to front): Kristy Horner, Lauren Anderson, Charlotte Ridley, Adrienne Lang, Elle Shadbolt, Alexis Stevens (asst coach), Brianna Barber (coach), Audrey Cairney (president), Hayley Smith, Hayley Butler, Maddie Rawlings, Aimee Littlejohn, Ash Littlejohn, and Annie McKendry.

Season 2015 Results and Finals

HNC Team	Divi	Ladder Position	Semi Final - 5th Sept Opposition	Opp	HNC	Prelim Final - 12th Sept Opposition	Opp	HNC	Grand Final - 19th Sept Opposition	Opp	HNC
OPEN											
1	1	2nd	Rangers 1	**38**	33	Sorrento Saints 1	**41**	36			
2	1	6th									
3*	3	1st	West Coasters 2	33	**41**	Straight through to Grand Final			Titans 2	23	**38**
4	5	4th	Prelates 1	**49**	38						
5	7	2nd	Padbury 2	**46**	27	Steelers 4	**52**	28			
6	8	3rd	Sorrento Saints 5	28	**37**	West Coasters 4	**31**	30			
7	10	5th									
U15's											
8*	1	1st	Sorrento Saints 10	24	**45**	Straight through to Grand Final			Hamersley 9	14	**48**
9	1	3rd	West Coasters 13	27	**39**	Sorrento Saints 10	32	**40**	Hamersley 8	**48**	14
10	1	5th									
11	2	4th	Everlast Flames 3	**37**	32						
12	4	2nd	Sorrento Saints 14	25	**29**	Straight through to Grand Final			Hamersley 13	**36**	25
13*	4	3rd	Venetians 16	32	**48**	Sorrento Saints 14	32	**39**	Hamersley 12	25	**36**
14*	7	2nd	Carine 12	30	**31**	Straight through to Grand Final			Carine 12	25	**27**
U12's											
15	1	1st	The Under 12's age group does not play finals rounds.								
16	1	4th									
U11's											
17	1	1st	The Under 11's age group don't play finals.								
U10's											
18	3	2nd	The Under 10's age group don't play finals.								

* 2015 premiership winners

Grand Final Day (left): Hands in for HNC 3 at half-time.

Premiership Flag (right): President Audrey Cairney & Maddie Rawlings.

2016 Talented Athletes and Coaches Training Program

The WDNA TACT Program will be holding selection trials for the 2016 Development Squad intake for all players **born between 1 January 2001 and 31 December 2004** and who were registered with any club affiliated with WDNA during Winter 2015.

Players will be trialling for the following squads:

- 12 yrs age group (eligible players are those turning 12 in 2016)
- 13 yrs age group (eligible players are those turning 13 in 2016)
- 14 yrs age group (eligible players are those turning 14 in 2016)
- 15 yrs age group (eligible players are those turning 15 in 2016)

Sessions will be held on Monday nights in Feb commencing on:

- 8 February at 6.30PM - 8.30PM
- 15 February at 6.30PM - 8.30PM
- 22 February at 6.30PM - 8.30PM
- 29 February at 6.30PM - 8.30PM

There are **two compulsory** trials (players MUST attend at least one of the first two):

- Friday 13 November 2015 from 6PM - 9PM
- Friday 20 November 2015 from 6PM - 9PM

There will be a third trial (only if required) on Sunday 22 November 2015 from 4PM - 7PM.

Cost of the trials is $10 and registration is to be done via **this link** or on the wdna.net.au website under Latest News. Players are to use their existing player ID and are to contact their club if unsure of their number – please DO NOT register as a New Participant.

Please see the WDNA information page regarding costs associated with each phase of the program (**click here**).

Celebrating outstanding contributions within the club

In order to reward players for long service and loyalty to the club, the Hamersley Netball Club Inc Committee created the **Autoparts Toyota Legends Award.** This award recognises the time and commitment made by a club member as both a player and as a representative of Hamersley Netball Club Inc. To achieve **HNC Legend status** a player must meet the minimum criteria and accrue a minimum of 500 points.

Minimum criteria to be assessed:

Minimum of 10 years service; and
Minimum of 150 games played; and
Minimum of 4 years Head Coach of a team; or
Minimum of 6 years Umpire Mentoring; or
Minimum of 6 years Committee.

Please see the member's handbook for a comprehensive list of ways points are accrued.

Celebrating outstanding contributions within the club

Each year we award members who have shown outstanding dedication and commitment to our club during the season and over years of service. Details of all awards are available in the member's handbook. We encourage our members to nominate themselves and others for various awards at any time during the season by contacting the club secretary, Vickie Carstairs or another committee member.

The **Coaching & umpiring Excellence Awards** recognize the tireless and outstanding efforts made by our umpires and volunteer coaches on a weekly basis.

The **Coaching Excellence Award** Criteria to be considered:

- Attend and assist with grading of the club
- Consistently attends training and games
- Actively contributes to their own coaching knowledge and education
- Attaining Netball Australia Coaching Accreditation
- Displays a high level of sportsmanship and leadership skills
- Represents the club at Association, Regional, State or National level.

The **Umpiring Excellence Award** Criteria to be considered:

- Attend and assist with umpiring during grading of the club
- Consistently umpires for the club on a weekly basis
- Actively contributes to their own umpiring knowledge and education
- Attaining Netball Australia Umpiring Accreditation
- Willingly picks up umpiring duties for the Umpire Development Coordinator
- Represent the club at Association, Regional, State or National level

The HNC Development Unit selects the recipient of this award.

2014 Coaching Excellence Award (left): Alexis Stevens.

2014 Umpiring Excellence Award (right): Janine Friday presents award to Ashleigh Littlejohn.

Achievements!

JILL MCINTOSH MEDAL

West Coast Warriors defender (former Adelaide Thunderbirds, West Coast Fever and **Hamersley** player) **Andrea Gilmore** was awarded the prestigious **2015 Jill McIntosh Medal** for the league's most valuable player.

At this awards night we also had former Hamersley player & coach **Karly Guadagnin** (nee Hoar) receive the 2015 **coach achievement** award!

Congratualtions to both Gilly & Karly on their achievements.

Jill McIntosh Medal: Awarded to Andrea Gilmore.

WDNA MOST IMPROVED UMPIRE

Annie Toose from HNC 6 was awarded the WDNA Intermediate **Most Improved Umpire** at presentations on September 19th.

It's great to see the development of Hamersley members within the district. Congratulations Annie!

Most Improved Umpire: Annie Toose.

ADVANCED COACHING ACCREDITATION

Congratulations to our **VP Alexis Stevens** who has recently achieved her **Advanced Coaching Accreditation** (level 2). Alexis has worked hard to develop her coaching skills, through the club's coach mentoring program, attending coaching courses and progressing through the Netball Australia National Coach Accreditation Program. This courses required participants to attend a three day course and be assessed on three training sessions.

Alexis has been a member of HNC for 10 years and has coached for the past five. She has also represented the club as a TACT and West Coast Academy Coach for three years.

If you would like more information about the club's coach mentoring program, or if you are interested in coaching in 2016 please contact head of our mentoring program Lyn Pemberton at **pem_6022@yahoo.com** or contact Janine Birkett (**jbirkett@live.com.au**) and Beth Harvey (**bethharvey73@gmail.com**) about coaching junior and senior teams respectively.

Advanced Coach: Audrey Cairney and Alexis Stevens.

STATE SCHOOLGIRLS CHAMPIONSHIPS

Well done to **Kira Milankov** and **Mikayla Douglas** from HNC 12 who represented Western Australia in the 12 & Under State Schoolgirls Championships from 29th August to the 4th September.

State Schoolgirls: Kira Milankov & Mikayla Douglas.

New Baby Boy: Welcome to the world Taj Lawrence Weston.

Congratulations!

WESTON BABY

Congratulations to **Hayley and Sam Weston** on the arrival of their third baby earlier this month. **Taj Lawrence Weston** was born at 4.50PM September 21st and is the first brother to sisters Sienna and Leila.

Hayley was registered to play with HNC 5 this year, however fell pregnant with Taj and so acted as team manager over the season.

Belt Up Presentation: Paul Miles MLA, Member for Wanneroo (middle back) and senior Hamersley players with their Belt Up netballs!

Belt Up Balls

Thanks again to Paul Miles MLA, state member for Wanneroo who came down to the clubrooms on August 25th to chat to our senior players who received 'Belt Up' balls. This is a State Government initiative to remind us all of the importance of putting on our seat belts when we're in the car.

Thanks to VP Alexis for organising the night and our senior players for coming down to participate.

Player Profiles: Nicole and Toni-Marie Smith

Nicole and Toni-Marie Smith joined Hamersley over the last two years and have already left a lasting impression! Both young ladies achieved their C badges for umpiring in 2015, have played with junior warriors, and in state indoor netball teams. They also both love biltong and holidaying in South Africa where their family is from.

Name: Toni-Marie Smith
Nickname: Toni
Age: 13 (year 8)
School: Lake Joondalup Baptist College

HNC 2015: Team 8
Age Group: 15&U
Position: C, WD, WA
Joined in: 2014
1st coach: Alana Penny
Netball this year: Association Champs, Warriors Cadets, Indoor state team, 2 clubs (Hamersley and Kinross)
Favourite moment: Winning MVP in the Grand final 2014 (we won)!
Idol/Role Model: Usain Bolt, Sally Pearson, Laura Geitz, Ash Brazil, Shae Brown, Kim Ravilion.
Greatest achievement: Becoming the youngest in my high school to receive the Sports woman of the year award.
Dream job: Professional Netball Player (Aus)
Favourite saying: Pain = Success
Favourite book: Paper Towns by John Green
Favourite movie: Percy Jackson

Toni also does calisthenics and athletics competetively and enjoys all school sport i.e swimming, cross country, rugby touch, and basketball!

Hamersley sisters: Toni-Marie (left) and older sister Nicole (right) Smith.

Name: Nicole Smith
Nickname: Nic, Midget, Smithy
Age: 16 (year 11)
School: Lake Joondalup Baptist College

HNC 2015: Team 6
Age Group: Open
Position: WD, C, WA
Joined in: 2013
1st coach: Sarah Palmer
Netball this year: Association Champs, Indoor state team, social mixed indoor, 2 clubs (Hamersley and Kinross)
Favourite moment: Getting the intercept to pass to shooter for winning goal in a semi-final match
Greatest achievement: Getting my first state medal for athletics
Dream job: Sport teacher
Favourite Saying: Someone's opinion of you, doesn't have to become your reality!
Favourite book: Fahrenheit 451
Favourite movie: Dirty Dancing

On top of her netball commitments, Nicole enjoys Rugby League Tag, Touch Football and Athletics. She also participates in schoolsport and coaches and manages for school teams. She is also a very dedicated umpire!

Belt Up Balls Presentation: Paul Miles MLA, Member for Wanneroo and our Vice President Alexis Stevens at a presentation of *Belt Up* balls thanks to a state government initiative.

Thank you to the sponsors of Hamersley Netball Club Inc.

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Sponsorship

Hamersley Netball Club has been extremely fortunate in the past to receive sponsorship from Toyota Genuine Parts over a 30-year period from 1982 - 2012. This sponsorship has enabled our coaches and umpires to be up skilled. It has provided specialists coaching for our athletes to allow them to present at trials in the best form. The equipment the club owns is a direct gift from Toyota through their sponsorship.

The club is open to offers of sponsorship. If you can assist in any way you are encouraged to contact Lyn Pemberton at **pem_6022@yahoo.com.**